

## *Exploring the Christian Life --The Holy Spirit*

- One of the things that hindering people from committing to Christ is their belief that they can't change – they've tried and tried (new year's resolutions...). How can an understanding of the person and work of the Holy Spirit help people get over this?

# Group Discussion

- “What good is it for a man to gain the whole world, yet forfeit his soul?” (Mark 8:36). How would *you* answer that question?
- Jesus said “If anyone would come after me, he must deny himself and take up his cross and follow me” (Mark 8:34). Do you feel you could do this?
- “A Christian is someone who is prepared to follow Christ, whatever the cost.” What is the cost?